***KINESIOLOGY/LIFE PHYSICAL EDUCATION***

*Class Syllabus*

*James Clemens High School*

*Teacher: Coach Sullivan*

*11306 County Line Road*

*Madison, AL 35756*

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*Phone: 256-216-5313*

***I. Course Description:***

The focus of this state-required course is health-enhancing physical activity. LIFE provides the knowledge for a lifetime of healthy living. Through the LIFE course, the students learn to apply the various aspects of fitness and to assess their own fitness levels. Life provides students with the knowledge and ability to construct and implement a lifelong plan for physical activity. LIFE uses a variety of health-enhancing physical activities as a vehicle for reinforcing and applying fitness components and principles.

***II. Course Objectives:***

Course objectives can be found at http://alex.state.al.us/browsePE.php

***III. Classroom Expectations:***

1. When the tardy bell rings, all students must be seated and in roll call lines. Students arriving after the tardy bell will either receive a five-point deduction on daily grade or sent to detention.

2. Students will be given 5-7 minutes to dress out for class and use the restroom.

3. No food, drink, or gum will be allowed inside the gym area.

4. All students should return to roll call lines and be seated after they dress out.

5. Any injuries or emergencies must be reported to the assigned teacher during class period so the proper action can be taken.

6. No student may ever leave class without permission from the teacher.

7. Directives from any teacher must be followed the first time they are given. Any defiance will result in an immediate referral to the office.

8. Abuse, destruction, or misuse of physical education equipment will not be tolerated. Obscene language, gestures, student harassment, or disrespect will not be tolerated.

**Accommodations:** Requests for accommodations for this course or any school event are welcomed by students and parents.

**Concerning laptop utilization:** 1. Student laptops should not be hard-wired to the network or have print

capabilities. 2. Use of discs, flash drives, jump drives, or other USB devices will not be allowed on Madison City computers. 3. Neither the teacher nor the school is responsible for broken, stolen, or lost laptops. 4. Laptops and other electronic devices will be used at the individual discretion of the teacher.

***IV. Grading Policy:***

Students will receive 20 points per day/100 per week. 15 points for participation and 5 points for dressing out. A tardy will result in a 5-point deduction from daily grade. The grading scale is as follows: A (90-100), B (80-89), C (70-79), D (65- 69), and F (below 65). Grades will be a reflection of mastery of the standards. Make sure all absences are excused as class work can be made up and graded for excused absences only.

***V. Make-up Test Policy:***

An absence must be EXCUSED in order to make up a test.

***VI. Make-up Daily Assignment Work***

1. A written summary of any sports article from a newspaper or magazine will earn the maximum number of daily points. The summary should be at least 3-4 sentences in length, and either include a copy of the article or the author, source, and date of publication.

2. A sports article taken off the internet at least one page in length about any activity we have done in class will earn the maximum number of daily points.

Make-up points must be completed by Friday of the week following that in which they missed to get the credit. If you are out sick or have a planned absence, you know what needs to be done to make up for missed points. It is the responsibility of the student to earn the required points. Every student in the class can earn a good grade by participating each day and making up points for excused absences.

***VII. Materials and Supplies Needed:***

P.E. uniform required, gym shoes with rubber surface

**18 – WEEK PLAN**

**Week 1-2** Fitness

**Week 3-4** Basketball

**Week 5-6** Weight/ Training

**Week 7-8** Pickleball/ Kickball

**Week 9-10** Cooperative Games

**Week 11-13** Softball

**Week 14-15** Health/ Wellness

**Week 16** Tennis/Soccer

**Week 17-18** Football/Soccer

***\** The syllabus serves as a guide for both the teacher and student; however, during the term, it may become necessary to make additions, deletions, or substitutions. Adequate notice will be provided to students of any necessary changes.**

Dear Parent/Guardian,

I look forward to having a great year! I feel fortunate to have your son/daughter in my class this semester and hope that you will contact me should you have any concerns about the progress of your son/daughter or any aspect of the instruction. With your son/daughter, please read the attached policies, then sign and date this signature page and have your son/daughter return this form. Please provide a current email address and phone number at which I can contact you should the need arise. Please contact me at school with any concerns.

Thank you,

Coach Frankie Sullivan

My child and I have read and discussed the classroom syllabus.

**Student/Parent Name(s):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature(s):**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**E-mail/Phone** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_